

# 5 SECRETS TO PERMANENT WEIGHT LOSS™

Weight Loss is not an easy task, yet it's usually not from lack of trying. The absence of honest and reputable information could be the real reason you've been unable to lose weight and keep it off.

Learn why low-calorie diets do not work, what hormones are involved with metabolism, energy and weight loss. You'll also find out how to detoxify your body, how to prevent and eliminate the pain that prevents exercise and much, much more.

Losing weight has five key ingredients that, when unified together, bring about lasting results that not only help you lose weight, but will have you looking and feeling younger as well.

Find out how to turn your body into a fat burning machine by increasing your metabolism and removing the toxic chemicals that cause your body to hold onto fat. Learn what hormones can and will affect your ability to lose weight and why they go out of balance.

If you have a hard time losing weight, then this workshop presented by The Foundation for Wellness Professionals will change your life.

*Schedule this talk today!*



[www.WellnessSpeakers.org](http://www.WellnessSpeakers.org)