

# HOW TO ELIMINATE LOW BACK PAIN & SCIATICA™

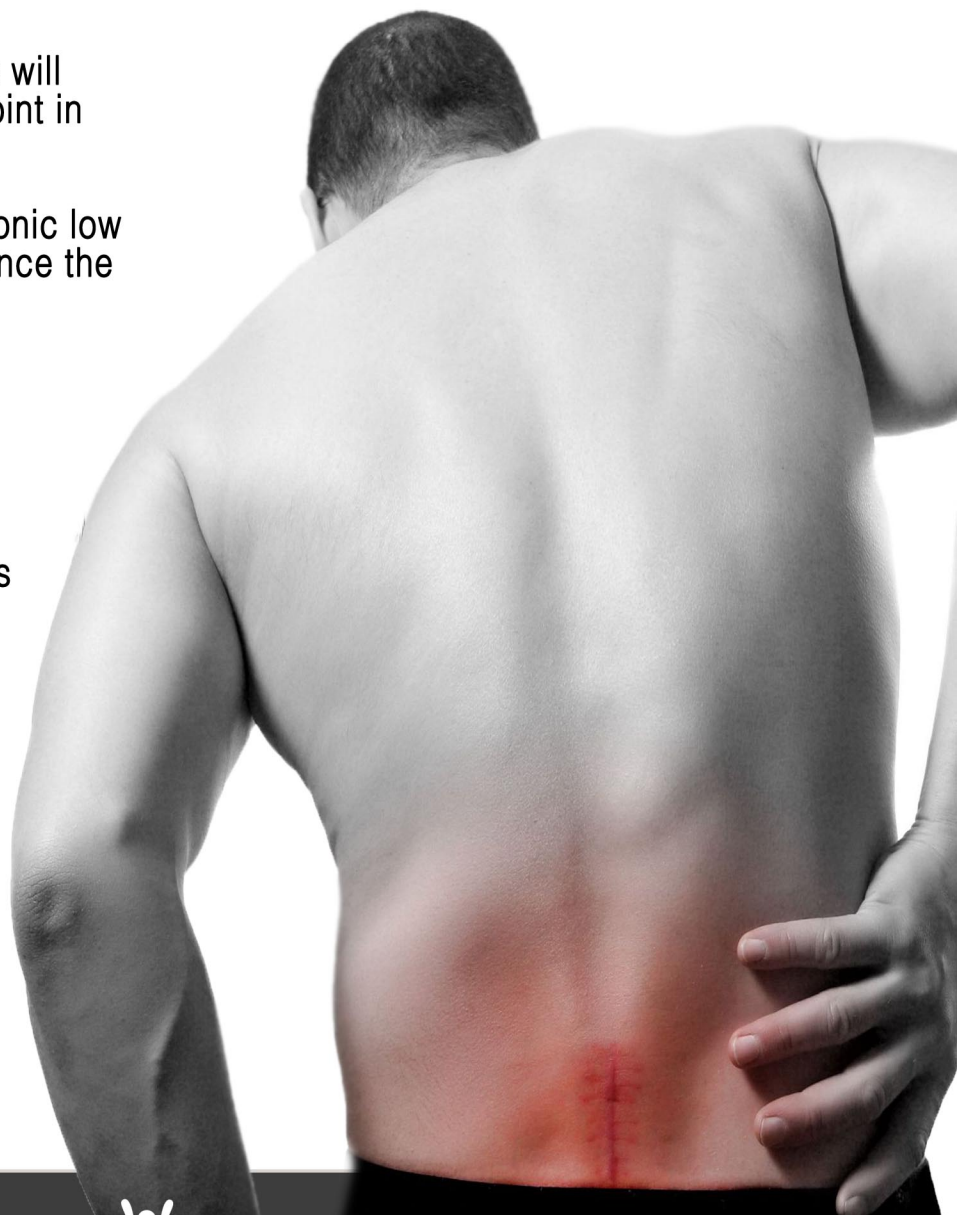
It's a fact that 8 out of 10 Americans will battle with low back pain at some point in their lives.

One study found that the rate of chronic low back pain has more than doubled since the early 1990s.

Back-pain sufferers in America cost this country more than \$100 billion annually in medical bills, disability and lost productivity at work.

This workshop addresses the causes and solutions to this problem.

There are several factors, all under your control, that you can do something about to prevent and eliminate back pain. Learn the role of weight, exercise, posture, discs, nerves, muscles and circulation in determining the cause of your low back pain in this workshop presented by The Foundation for Wellness Professionals.



  
A National Non-profit Foundation

*Schedule this talk today!*

[www.WellnessSpeakers.org](http://www.WellnessSpeakers.org)